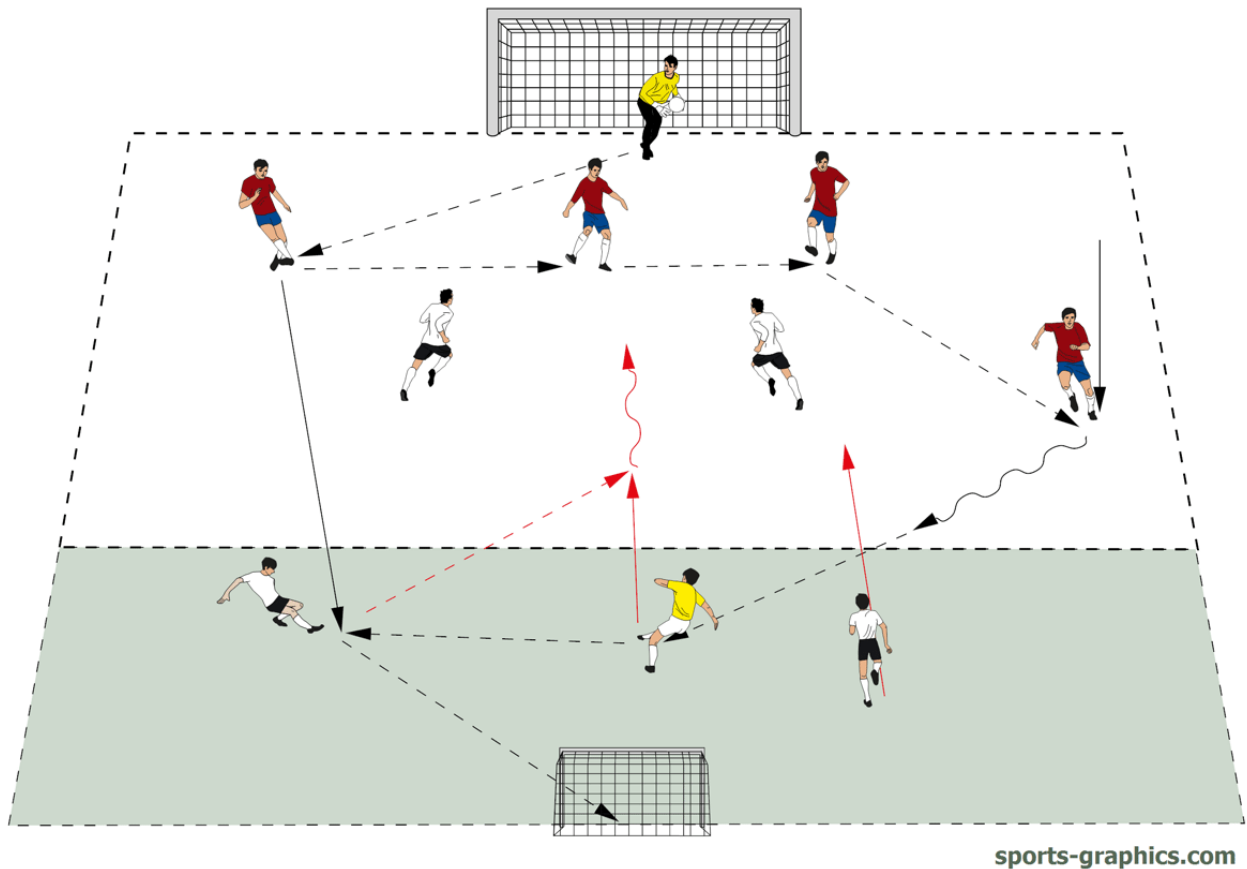


Possession game 5 v 4 or 4 v 5

**PLAYERS AGE:**

Youth Academy and First Team

NUMBERS OF PLAYERS:

10 (1 goalkeeper)

MAIN GOALS**TECHNIQUE:**

Passing and Receiving

PLAYER TACTIC:

Escape the marker

TEAM TACTICS:

Build up and Transitions

SECONDARY OBJECTIVES:

Pattern of play, Finishing, Counter attacks

EQUIPMENT:

cones, balls, bibs, regular goal, mini goals

A small sided pitch, with the needed dimensions, is divided into two areas. The red players receive the ball from the goalkeeper in the building up area and they must score in the mini goal, passing the ball through the yellow free player in the finishing area of the field, playing with numerical advantage 5 v 4 and thanks to a inside run of a player without the ball. If the white defenders win the possession, they can counter attack with numerical advantage 5 v 4 playing with the same free player, to score in the main goal. The moves always start with the goalkeeper.